

Senior Healthcare Support Worker Level 3 Programme Plan – Allied Health Professions (AHP) Pathway

Duration: 8-18 months + End-Point Assessment (EPA)



CORE PROGRAMME DELIVERY

Roles and Responsibilities of a Senior Healthcare Support Worker

Duty of care, duty of candour, safeguarding, conflict management, incident reporting and British Values.

Driving Quality Improvement

Accountability, delegation, human factors, leadership, mentoring, clinical governance and service improvement.

Health and Wellbeing

Patient assessment, health promotion, physical wellbeing, recognising deterioration, pain management and holistic care.

Mental Health and Wellbeing

Mental health support, capacity, learning disabilities, dementia, legislation, safeguarding and person-centred approaches.

Study Skills and Service Improvement

Research methods, study skills, service improvement planning, reflective practice and evidence-based care.

PROGRAMME STRUCTURE

The programme is designed to develop Senior Healthcare Support Workers working within Allied Health Profession services, supporting individuals to maximise their independence, health, wellbeing and quality of life.

The Allied Health Pathway supports learners working alongside professionals such as Physiotherapists, Occupational Therapists, Speech and Language Therapists, Dietitians and other AHPs. Apprentices develop the knowledge, skills and behaviours required to provide safe, person-centred care, support rehabilitation programmes and contribute to positive patient outcomes.

The apprenticeship is delivered through:

- Remote core masterclass sessions
- Allied Health Profession specialist pathway sessions
- Workplace competency development
- Portfolio-based assessment through OneFile
- Regular coaching and progress reviews
- Gateway and End-Point Assessment

Learning is applied directly within the workplace to support rehabilitation, recovery, independence and person-centred care.

ASSESSMENT METHODS

Assessment is portfolio-based and demonstrates competence in both knowledge and workplace practice.

Examples include:

- Workplace observations
- Reflective accounts
- Professional discussions
- Workbooks
- Case studies
- Witness testimonies
- Competency assessments
- Service improvement activities
- Learning journal reflections

Skills and competency passport evidence

All evidence is uploaded and reviewed through the OneFile e-portfolio system.



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Total off the Job Hours: 487

OFF-THE-JOB LEARNING ACTIVITIES

As part of the apprenticeship, learners complete a minimum of 487 hours of Off-the-Job Learning throughout the programme. Off-the-Job learning takes place during paid working hours and supports the development of the knowledge, skills and behaviours required within the Senior Healthcare Support Worker apprenticeship.

Activities include:

Core Learning

- Attending masterclasses and pathway workshops
- Completing workbooks and assignments
- Independent research and study
- Reflective learning activities

Workplace Practice

- Supporting rehabilitation programmes
- Assisting with patient assessments
- Participating in care planning and review activities
- Supporting health promotion interventions
- Assisting patients to maximise independence and function

Multi-Disciplinary Learning

- Working alongside Physiotherapists
- Working alongside Occupational Therapists
- Working alongside Speech and Language Therapists
- Working alongside Dietitians

Professional Development

- Participating in MDT meetings, referrals and discharge planning
- Progress reviews
- One-to-one coaching sessions
- End-Point Assessment preparation
- Career planning discussions

SPECIALIST PATHWAY DELIVERY – ALLIED HEALTH PROFESSIONS

Delivered following completion of the core programme and aligned to workplace role.

Specialist units include:

- Roles and responsibilities within Allied Health Professions
- Therapeutic communication and patient engagement
- Care pathways, referral systems and discharge planning
- Person-centred care and therapeutic risk
- Rehabilitation and maximising function
- Clinical presentations and long-term conditions
- Nutrition, hydration and wellbeing
- Health promotion and resilience
- Equipment, resources and environmental adaptations
- Anatomy and physiology relevant to allied health practice

Learners develop the skills required to support rehabilitation, independence and recovery while working effectively as part of a multi-disciplinary team.

END-POINT ASSESSMENT (EPA)

The apprenticeship concludes with an independent End-Point Assessment.

The assessment includes:

Observation of Practice

A workplace observation demonstrating competent Senior Healthcare Support Worker practice.

Professional Discussion

A structured professional discussion supported by a showcase portfolio demonstrating achievement against the apprenticeship standard.

Achievement:

Senior Healthcare Support Worker Level 3 Apprenticeship – Allied Health Professions Pathway

Grades Available: Pass/Distinction

PROGRAMME OUTCOME

Apprentices will be able to:

- Deliver safe and effective person-centred care
- Support rehabilitation and recovery programmes
- Promote independence, wellbeing and self-management
- Contribute to assessment, care planning and review processes
- Work effectively within multidisciplinary teams
- Support quality improvement activities
- Apply anatomy, physiology and therapeutic principles in practice
- Uphold professional standards, governance and safeguarding requirements

PROGRESSION OPPORTUNITIES

On successful completion, learners may progress to:

- Senior Allied Health Support Worker roles
- Assistant Practitioner Apprenticeships
- Nursing Associate Apprenticeships
- Allied Health Professional Degree Apprenticeships
- Physiotherapy, Occupational Therapy, Speech and Language Therapy or Dietetics degree programmes
- Internal specialist rehabilitation and therapy support roles
- Further healthcare career development opportunities

 **Dynamic Training**

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