

Jorja Izabela James

THE OLIVER MCGOWAN MANDATORY
TRAINING ON LEARNING DISABILITY
AND AUTISM



Profile

Pronouns: She/Her

Role at Dynamic: Co-Trainer of the Oliver McGowan mandatory trainer

About the Co-Trainer: My pronouns are she/her. I am a trained actor studying a MSc in Psychology, I have a 3 year old Pomapoo dog called Artemis. I like long nature walks, reading, studying especially psychology specifically neurodivergence/neurodevelopmental conditions and the RuPaul series. I identify as queer/pansexual.

Goals: I hope to help others understand neurodivergence (this includes mental health conditions) and mainly support disabled individuals to live the life they desire.

Background: I am a late diagnosed Autistic individual who was misdiagnosed with a personality disorder for all of my adult life (until recently). I love being Autistic despite the many challenges that I face hourly and daily- my Autism means I see things others do not, it allows me to experience the world on another sensory level (sometimes euphoric, sometimes highly distressing) and be an advocate for justice especially if it goes against societal expectations/hierarchy. Nonetheless it does make certain things that seem "easy" to others very difficult e.g. speaking or processing information.