

# Adult Nursing Support

## Senior Healthcare Support Worker Apprenticeship Programme



Level 3



18 months

### Occupation profile

Senior Healthcare Support Workers help registered practitioners deliver healthcare services to people.

As an experienced support worker, you carry out a range of clinical and non-clinical healthcare tasks, under the direct or indirect supervision of the registered healthcare practitioner. You provide high quality, compassionate healthcare, following standards, policies or protocols and always acting within the limits of your competence. You may work in a range of services e.g. hospital, community, health or birth centre, someone's home, operating theatre, nursing or care home, hospice or GP surgery; working in partnership with families, carers and other service providers.

#### Senior HCSW (Adult Nursing Support)

Senior adult nursing support workers look after adults in a range of settings, duties will vary accordingly. You may work out in the community, including in people's homes or in a hospital setting.

In most instances your supervisor will be a registered nurse. Some people you support have short term needs; e.g. they have sustained an injury. Others may have long-term conditions which affect them every day, all their lives e.g. asthma, diabetes, cancer, heart disease, dementia, depression, stroke or arthritis. Many people suffer from more than one condition e.g. an older person who has sustained a fall and has a wound that needs regular dressing, may also have heart disease. Some people will need round the clock care, being able to do very little for themselves, requiring you to look after all their personal needs including feeding, washing, going to the toilet as well as carrying out clinical tasks like checking their blood pressure or pulse.

### Progression

After a period of working and gaining experience, you may be able to work towards an Assistant Practitioner post or apply to university to become a registered healthcare practitioner.

### Entry requirements

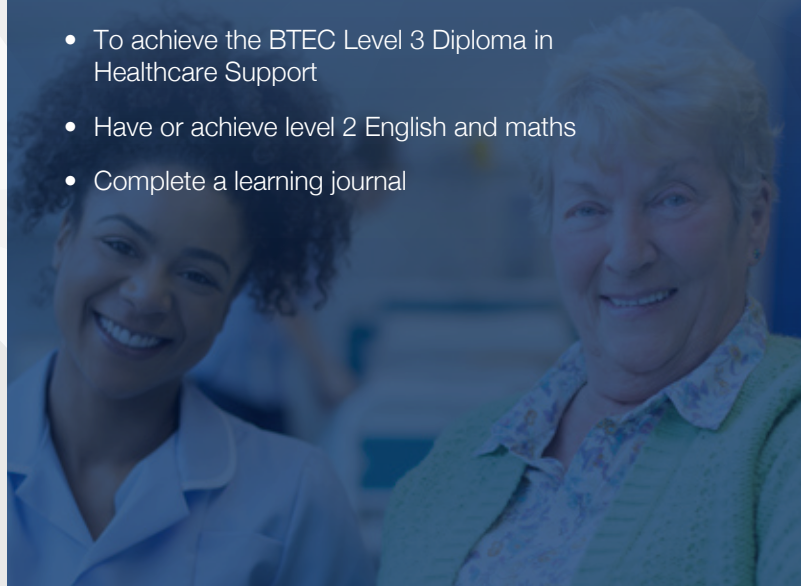
Often when recruiting, employers select apprentices with prior experience as a support worker.

### Programme qualifications & requirements



You will be required:

- To meet the 15 standards as set out in the Care Certificate
- To achieve the BTEC Level 3 Diploma in Healthcare Support
- Have or achieve level 2 English and maths
- Complete a learning journal



## Details of the programme

It usually takes 18 months to complete this apprenticeship during which you will participate in training, development and on-going review activities.

### These typically include:

- Induction which is specific to your workplace and at a minimum meets the 15 standards required by the Care Quality Commission (as set out in the Care Certificate)
- Study days and training courses
- Mentoring/buddy support
- Completion of workbooks or a portfolio through which you gather evidence of your progress
- Structured one to one reviews of your progress with your employer and/or Dynamic Training
- Dynamic Training will support you to complete the BTEC Level 3 Diploma in Healthcare Support during the on-programme phase of your apprenticeship

### Your apprenticeship will cover values and behaviours and provide knowledge and core skills for:

- Health and well being
- Duty of care, candour, safeguarding, equality and diversity
- Person centred care, treatment and support
- Communication
- Personal, people and quality improvement
- Health, safety and security
- Assist with clinical tasks
- Activities of daily living

## Pearson BTEC Level 3 Diploma in Healthcare Support - Adult Nursing Support

Minimum number of credits that must be achieved	65
Minimum number of credits that must be achieved at Level 3 or above	37
Number of mandatory credits that must be achieved	45
Number of optional credits that must be achieved	20

Unit No	Mandatory units	Level	Credit
1	Promote personal development in care settings	3	3
2	Safeguarding and protection in care settings	2	3
3	Promote health, safety and well-being in care settings	3	6
4	Understand mental well-being and mental health promotion	3	3
5	Causes and spread of infection	2	2
6	Promote communication in care settings	3	3
7	Responsibilities of a care worker	2	2
8	Promote effective handling of information in care settings	3	2
9	Understand mental health problems	3	3
10	The principles of infection prevention and control	2	3
11	Cleaning, decontamination and waste management	2	2
12	Duty of care in care settings	3	1
13	Promote equality and inclusion in care settings	3	2
14	Promote person-centred approaches in care settings	3	6
15	Study skills for senior healthcare support workers	3	4

The Level 3 Diploma in Healthcare Support is a large qualification with a wide range of optional units. This gives you and your employer maximum freedom to be innovative in which units best fit local needs and workplace contexts.

To assist you, we have indicated how some of the units that are available that may align with the Adult Nursing Support pathway.

Please note that these are for illustration only. You and your employer are free to select the optional units that best fit the needs of the service and that of your job role.

Unit No	CLINICAL CARE UNITS Optional units	Level	Credit
26	Undertake personal hygiene activities with individuals	2	3
36	Obtain venous blood samples	3	3
84	Undertake treatments and dressings of lesions and wounds	3	4
99	Care for individuals with naso-gastric tubes	3	3
125	Perform intravenous cannulation	4	5
126	Care for individuals with urethral catheters	3	4
140	Undertake physiological measurements	3	3
144	Carry out blood collection from fixed or central lines	3	4
146	Operate equipment for intraoperative cell salvage blood collection	3	5
158	Obtain and test capillary blood samples	3	4
171	Undertake tissue viability risk assessments	3	3

Unit No	HEALTH NAVIGATION Optional units	Level	Credit
25	Coordinate the progress of individuals through care pathways	3	4
51	Support individuals to access and use services and facilities	3	4
166	Obtain a client history	3	3

Unit No	ELDERLY CARE Optional units	Level	Credit
19	Support individuals who are bereaved	3	4
76	Understand the process and experience of dementia	3	3
122	Support individuals during a period of change	3	4
159	Support individuals at the end of life	3	6
191	Care for the elderly	2	2

Unit No	LEARNING DISABILITY SUPPORT Optional units	Level	Credit
102	Awareness of the Mental Capacity Act 2005	3	3
156	Support independence in the tasks of daily living	2	5
190	Understand the context of supporting individuals with learning disabilities	3	4

Unit No	COMMUNITY SUPPORT Optional units	Level	Credit
37	Implement therapeutic group activities	3	4
63	Work in partnership with families to support individuals	3	3
65	Support individuals to develop and run support groups	3	3
147	Advise and inform individuals on managing their condition	3	5
156	Support independence in the tasks of daily living	2	5
170	Support individuals to live at home	3	4

## Assessment Gateway

Your employer will make the decision as to when you are ready to undertake the end point assessment.

Before going forward for end point assessment you must have:

- Met the 15 standards required by the Care Quality Commission (as set out in the Care Certificate)
- Have or achieved Level 2 maths and English
- Achieved the BTEC Level 3 Diploma in Healthcare Support
- Completed a learning journal during the 3 months leading up to the planned date of the end point assessment

## End point assessment

Following successful completion of the Gateway, you will proceed to end point assessment (EPA). The EPA is provided by an independent assessment organisation, chosen by your employer.

The assessment takes the following format, although the sequencing of the end point assessment components is determined by your employer and assessor to ensure best fit with local needs:

A successful apprentice receives an overall grade of Pass, Merit or Distinction.

Assessment Method	Area Assessed	Grading
Multiple choice & short answer test	30 multiple choice and 4 short answer questions (60 minutes)	Pass Merit Distinction
Observation of practice	(minimum of 90 minutes)	Ungraded above Pass
Learning journal and Interview	The learning journal is assessed. The interview takes place (min of 30 minutes, max of 60 minutes)	Pass Merit Distinction



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