

Map and Directions

**Dynamic Training, Regus Uxbridge, Highbridge Estate, Oxford Road, Uxbridge, Middlesex, UB8 1HR
0208 607 7850**

FROM M25

- Exit from Junction16 onto the M40 take Junction1 sign-posted Gerrards Cross/ Denham/ Uxbridge.
- At the bottom of the slip road at the traffic lights turn right continue to follow signs for the A4020 Uxbridge/ New Denham
- This will bring you onto the Oxford Road.
- Continue down the Oxford Road until you approach a hump back bridge • Go over and turn right at the lights leading you into the Highbridge Estate
- Regus House is the second building on your right.

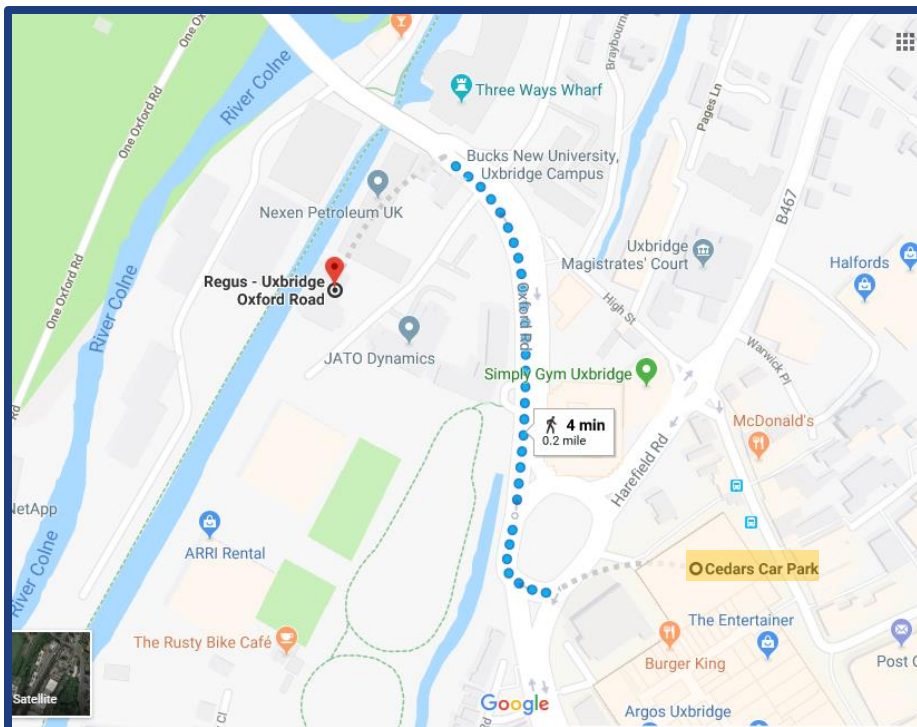
FROM A40

- Exit at Gerrards Cross/Denham at the traffic lights turn left
- Take next exit down the A4020 (Oxford Road)
- Please follow directions as above

CARPARKING

Carparking isn't available at the Regus Office in Uxbridge.

The nearest carpark is Cedars, Oxford Road, Uxbridge, UB8 1ND and is a short walk from the office. Please see directions from the carpark below



By Public Transport:

- Turn right outside Uxbridge Underground station
- Walk through the entire length of the town passing Barclays Bank and McDonald's on your right
- Cross over the zebra crossing passing Uxbridge Magistrates Court on your right
- Cross over the first set of traffic lights, and you will notice The Crown and Treaty Public House to the right and the Highbridge Estate.
- **Maximum 10-minute walk from the station to the office**

